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Last-day protest at Stampede

ANIMAL RIGHTS Wielding Stop the Rodeo signs in front of the Calgary Stampede yesterday afternoon, about 20 protesters tried to get their message across on the last day of the fair.

Alex McKinnon of the Calgary Animal Rights Meetup Group said the Calgary Stampede should abolish the rodeo due to the track record of animal deaths in past years and another four animals dying this year. He said the show glorifies animal abuse by calling it entertainment.

"We used to say we want them to get rid of the more violent activities like calf roping, but it has become clear the entire rodeo needs to go," McKinnon said. **METRO CALGARY**

SunnySide

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- Calling all Calgarians: Share your SunnySide thoughts on what makes Calgary tick — people, places, events and architecture — on Twitter using #sunnyside.

Today

- Anne Hines on writing, pg 8



Haylea Sutherland, 6, scores big on her last day at the Greatest Outdoor Show on Earth as the curtain closed for the final time on the 2009 Calgary Stampede. Put the hats and boots where you can find 'em as the 2010 Stampede celebration goes from July 9 to 18.

Stampede sunset

Annual event bids farewell after another solid year

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Not letting the rain and the bad economy get in the way of a yahooping good time, the Calgary Stampede waved goodbye to another successful year and went out with a bang last night.

Boasting a record-setting attendance on Friday with 154,965 visitors strolling through the gates, which is almost 10,000 more than the previous record set in 2008, the Calgary Stampede managed to surpass 1.2 million visitors despite adversity, according to Stampede president

Art auction

- The art rendition of the 2010 Calgary Stampede poster of Outlaw the bull sold for \$135,000 at the Stampede auction this week.

Dr. David Chalack.

"The five days of weather we had to start with was pretty discouraging ... but we have been catching up since then. Given the economy and the weather, this has been an explosion of attendance," Chalack said.

When asked about a potential 40,000 visitor drop

in attendance, Chalack called the number "meagre."

"That's such a small number against a tidal wave of adversity, the economy, the weather. Our attendance is more impacted by weather than anything else ... but Calgarians have supported us," he said, adding visitors enjoyed more than \$3 million in free entertainment this year.

Calgarian Ben Rowlandson said he has lived in the city his whole life and still attends the Calgary Stampede every single year.

"It's always a lot of fun, and even though I have been many times, it's still

something I just have to do," he said while toting his six-year-old son alongside him.

However, the 10-day festival wasn't without its controversy after three horses and a steer had to be put down after participating in the rodeo.

As rodeo protesters campaigned outside of the park gates, Chalack said the Calgary Stampede takes animal welfare very seriously.

"Nothing breaks my heart more," he said. "If you think as a cat owner or dog owner you have more sensitivity or care than me a horse a cow or a steer — you're wrong."

Dog saved from water treatment facility

AMY GREGSON
for Metro Calgary

BONNYBROOK The Calgary Fire Department had to rescue man's best friend yesterday after it ended up inside the Bonnybrook Water Treatment Facility.

Two stray dogs were found inside the fenced area around 11 a.m., with one having to be rescued from a skimming arm on one of the outdoor primary settling ponds. It is unknown how they got in.

"Fortunately the dog was co-operative," said Deb Bergeson of the Calgary Fire Department. "It was a textbook animal rescue."

The pond where the dog was located is filled with sewage for treatment.

Bill Bruce from Animal Services said the dogs have since been cleaned up and checked out by vets to make sure they didn't pick up anything in the water treatment plant.

Bruce said the next step is locating the owners.

"Every dog has an owner," said Bruce. "It just depends whether the owner is looking for them."

Bruce said that both dogs are a type of German shepherd, and one has three legs. If the owners are not found, new homes will be arranged for the dogs, he said.

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Remembering Crazybull

Friends, family and strangers gathered Saturday to walk in the name of Jackie Crazybull, who was killed during the Stampede two years ago while walking along 17 Avenue SW. Those gathered marched the streets in remembrance and in hope for justice as no one has yet been charged in her death. **METRO CALGARY**

3

Local



Banff police investigate attack on woman

A lone female pedestrian walking on a low-traffic residential street in Banff on July 12 was attacked suddenly by a male assailant. The man is described as Caucasian, 23 to 28 years old, and five-foot-seven with a stocky build, dark crew-cut style hair and a receding hairline. Banff RCMP are investigating the incident. The public in Banff are reminded to take precautions, such as a buddy system, when walking home from bars late at night or in the early morning hours.

METRO CALGARY

Calgary in brief

FATALITY A lone male dressed in dark clothing and walking westbound on Highway 1 near the Highway 22 overpass was struck and killed by a westbound pickup truck, Cochrane RCMP said yesterday. No foul play is suspected in the man's death at this time, RCMP said.

CRITICAL A 31-year-old male went to hospital with critical head injuries Saturday night after jumping from a moving vehicle near the intersection of 44 Street and 7 Avenue SE. The victim was a passenger in a 1997 Ford Explorer driven by a 25-year-old female. Alcohol and speed are not considered factors.

STRUCK C-Train service ground to a halt in the southwest Friday night as a southbound train struck a 39-year-old male, leaving him with critical head injuries, police said. Police said the victim walked past several other stopped pedestrians and on to the track in front of the train. Alcohol is believed to be a factor.

SCHOOL Indian Affairs and Northern Development Minister Chuck Strahl was joined by three Stoney Nations chiefs yesterday at the Stampede, for the announcement of a new elementary school for the First Nation. The school will house 500 students and is expected to open its doors in 2011. The current school will be renovated and turned into a high school.

PLANE CRASH An ultra-light aircraft piloted by a 47-year-old person was performing routine take-off and landing procedures when it experienced structural failure and crashed southeast of Calgary, Strathmore RCMP said. The pilot suffered serious, but non-life-threatening injuries.

METRO CALGARY

Helicopter from the STARS

AMY GREGSON
for Metro Calgary

Alongside many other proud West Hillhurst community members, Cody McCaw watches her son Massimo, 4, climb across the helicopter apparatus at the new Helicopter Playground grand opening yesterday.

McCaw said the playground, located on 5 Avenue and 27 Street NW, has brought the community together.

"The build was a great way for everyone to get to know each other," said McCaw.

Marie Wildenborg and Jennifer Baluta came up with the idea four years ago, when they realized the old playground was rusting.

Another community member thought that the theme should be helicopters because the playground is in the flight path for the STARS helicopter to the Alberta Children's Hospital and the Foothills Hospital.

"Kids would look up and



Matthew Ober, 9, swings away at the new Helicopter Playground inspired by STARS helicopter. The playground is situated in the community of West Hillhurst and more than 100 community members worked together to raise over \$200,000.

be enthralled with the helicopters," said Wildenborg.

The helicopter theme runs through the playground. One piece of equipment is the shape of a helicopter and is located on a special X made from recycled tires that marks its landing pad.

Wildenborg and Baluta said the community helped out by raising \$35,000 of the \$200,000 needed for the playground to be built and with more than 100 volunteers came to see the construction of it in September.

"We had no idea the

number of families that lived here until we built this. It's been an amazing way to bring us all together," said Baluta.

The grand opening saw the landing of the STARS helicopter and free STARBEAR teddy bears for the first 150 children.

Tsuu T'ina First Nations deal still alive, says Indian Affairs minister

ALICIA FOX
for Metro Calgary

ROAD While the Tsuu T'ina First Nation members voted down the proposed deal for the SW leg of the ring road, a federal minister thinks there's still a chance.

Minister of Indian Affairs and Northern Development Chuck Strahl believes it's entirely possible

a deal could yet be struck.

"There's obviously some confusion about the terms," he said.

The deal was defeated by 60 per cent in a band vote June 30.

He said he's seen it happen, such as with the Peguis First Nation in Manitoba, where minds are changed or another

vote is held.

"At face value it seems like a pretty aggressive deal," Strahl said, while in Claresholm over the weekend.

However, he said it's only a theoretical discussion for him right now, as he's not involved until after a deal goes through.



Chuck Strahl

"We're not willing to push the rope up hill," he said.

The minister had spoken with Chief Sandford Big Plume, who had seemed very open to the deal and has continued to express interest in negotiations.

Strahl said the band members may choose to look at the deal through "new glasses" but acknowledges they may let it pass them by.

Aldermen urge study on immigration

POLITICS Calgary needs to better understand its relationship with immigrants and the role it has to play alongside them, according to three Calgary aldermen.

Aldermen Joe Ceci, Diane Colley-Urquhart and Andre Chabot will bring a notice of motion to council today, which suggests the city take a deeper look into how it interacts with immigrants.

"The notice of motion is to make clear what the City of Calgary's role is with regard to agencies in particular these new immigrants when they arrive in Calgary," said Ward 9 Ald. Joe Ceci.

According to Ceci, Calgary needs to do whatever it can to help support immigrants, and this notice of motion will aid in that process. "Immigrants are very important to the healthy functioning of this city," said Ceci. "If we can add to their success ... then that's beneficial to the city as a whole."

JOEL MESSNER/FOR METRO CALGARY

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What's online today.

Video Analysts expect the release of grim economic data to take a toll on stock markets and plunge it into a bear market at metronews.ca/canada

Lotteries

Friday, July 10: Lotto Super 7: 17, 25, 30, 31, 33, 44 & 46. Bonus 47. Saturday July 11: Lotto 6/49: 9, 11, 18, 23, 29 & 40. Bonus 26. Results are not official.

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MOXIE'S CLASSIC GRILL

Canada



Queen to visit in 2010

The Queen and her husband, the Duke of Edinburgh, have accepted an invitation to visit Canada next year, Prime Minister Stephen Harper announced Sunday, CBC News Online reports. The tour will be the Queen's 24th official visit to Canada. She and Prince Philip last visited Canada in 2005. Further details on the dates and locations for the 2010 visit will be provided at a later date, the Prime Minister's Office said in a statement.

METRO NEWS SERVICES

Decision grounds ski jumpers

VANCOUVER 2010 Games

KRISTEN THOMPSON
Metro Canada

OLYMPICS A lawyer representing 15 female ski jumpers said he needs time to consider whether to appeal a recent B.C. Supreme Court decision not to order VANOC to let women jump in the 2010 Games.

"We're disappointed ... but respect the judge's ruling," Ross Clark said.

On Friday, Justice Lauri Ann Fenlon ruled VANOC isn't violating Canada's Charter of Rights by not staging women's ski jumping.

Fifteen women had gone to court seeking to take part in the Olympics or cancel men's ski jumping as well.

News in brief

CHARGED The Brazilian wife of former Canadian world boxing champion Arturo Gatti has been charged with his murder, police said yesterday. Italian-born Gatti, who was 37, was found dead on Saturday in the holiday flat the couple had rented in the northern Brazilian seaside resort of Porto de Galinhas. Amada Rodrigues, 23, was being held in custody in Recife, police said. **REUTERS**

One dangerous summer

Coalition troops deal with mental tolls as attacks reach record levels

Coalition troops in Afghanistan are being attacked by roadside bombs at record levels, leaving Canadians soldiers with a legacy of traumatic brain injuries that health experts are grappling to understand.

And the mental toll of having to patrol bomb-seeded roads is expected to show itself in the years ahead in a spike in the number of soldiers with post-traumatic stress disorder, military officials say.

"The view is, clearly, when you're involved with

an IED (improvised explosive device), that you may have traumatic brain injuries," said Maj.-Gen. Walter Semiani, chief of military personnel.

"If you've been exposed to a (traumatic brain injury) the prevalence of then having PTSD may be higher. The facts are very clear," he said in an interview.

"The biggest challenge is not here and today. It's in five years and 10 years ... Are they going to get the support they need?" Semiani said.

Numbers

- The number of coalition soldiers killed by roadside bombs rose by 21 per cent to 92 — from 76 during the same period last year. The number of wounded was up by 46 per cent — 467 compared to 320.

As NATO forces launch offensives in southern Afghanistan, insurgents are fighting back with homemade bombs at levels never before seen in the eight-year-old conflict.

By the end of June, there had been 2,508 "incidents" involving improvised explosive devices this year, a 60 per cent increase over the same period last year, according to statistics from the Pentagon.

July is shaping up to be a record month, with at least 28 coalition troops killed so far by improvised explosives. On Saturday, a roadside bomb killed two U.S. Marines. A day earlier, on Friday, British officials announced that eight of their soldiers were killed in 24 hours. **TORSTAR NEWS SERVICE**

Harper scraps controversial deficit promise

POLITICS Prime Minister Stephen Harper has scrapped his government's controversial promise to stop running annual budget deficits in five years.

For the first time, Harper said Friday that keeping the government's pledge to balance Ottawa's books by 2013-14 will depend on how quickly Canada's economy recovers.

"We will allow the deficit to persist if necessary," Harper said. "We will not, in order to meet some timetable, start raising taxes and cutting programs."

TORSTAR NEWS SERVICE

Halifax Macca-mania



Paul McCartney acknowledges his throngs of fans gathered on the Halifax Common for Saturday night's concert in that city.

Federal critics demand names of do-not-call list violators

CRTC Opposition critics are demanding the CRTC identify telemarketers thumbing their noses at do-not-call list rules instead of protecting them from public scorn.

The Canadian Radio-television and Telecommunications Commission, an arm's length agency, refuses to name two telemarketers recently issued violation notices or even make public the amount of fines they face.

"We expected real vigilance on behalf of Canadian consumers, not shielding them (the telemarketers) under anonymity,"

"They (telemarketers) really are the bottom of the food chain in terms of commercial marketing ... We want them called up on the carpet and read the riot act about pestering us at dinnertime."

Pat Martin, MP

NDP critic MP Pat Martin said. "Half the deterrence of a penalty is the bad publicity you get as being outed as a scofflaw. This do-not-call list is useless if it does not expose the wrongdoers to public outcry."

Martin said few things unite Canadians more

than their loathing of telemarketers. "They (telemarketers) really are the bottom of the food chain in terms of commercial marketing ... We want them called up on the carpet and read the riot act about pestering us at dinnertime," Martin said.

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A 6.0 magnitude quake hit southern Peru early yesterday but there were no reports of damages or injuries. **REUTERS**

World



Shuttle launch postponed again

Heavy clouds near the Kennedy Space Center forced NASA to call off yesterday's launch of the space shuttle Endeavour on a mission to deliver a Japanese-built porch to the International Space Station. The launch was rescheduled for today. It was the fourth delay of Endeavour's flight. Two launch attempts last month were scuttled by hydrogen fuel leaks and a third try Saturday ended when NASA ordered checks of the shuttle's electrical systems following lightning strikes. **REUTERS**

Four killed in church attacks

IRAQ Bombs exploded outside five Christian churches in Baghdad yesterday, in apparently co-ordinated attacks that killed four people and wounded more than 30, Iraqi police said. In the most serious attack, a car bomb exploded near a church in eastern Baghdad, killing four people and wounding 21. A police source said at least eight Christians were among the wounded. The bloodshed that followed the U.S.-led invasion in 2003 has largely faded, but violence continues, especially in ethnically and religiously mixed areas. **REUTERS**

Honduras could offer amnesty

COUP Honduran interim leader Roberto Micheletti said yesterday ousted president Manuel Zelaya would not be allowed to return to power under any conditions but could be granted an amnesty if he comes home quietly to face justice. "If he comes peacefully first to appear before the authorities ... I don't have any problem (with amnesty)," Micheletti told Reuters in an interview at the presidential palace in Tegucigalpa. But the interim president repeated that Zelaya would not be reinstated as president "under any conditions." **REUTERS**



An Afghan National Army soldier looks from behind his machine gun during a joint patrol with U.S. and French troops in the village of Hajian yesterday.

Afghan escalation

Taliban responding to U.S. surge with violence

A roadside bomb killed two U.S. Marines in southern Afghanistan, the U.S. military said yesterday, the latest deaths in an escalation of violence that has put pressure on coalition leaders over their war strategy.

Thousands of U.S. Marines and hundreds of British soldiers have been fighting major new offensives in the past 10 days in Helmand province, a Taliban stronghold and Afghanistan's biggest producer of the opium that funds the insurgency.

The assault by U.S. Marines, Operation Strike of the Sword, is the first major operation under U.S. President Barack Obama's

new regional strategy to defeat the Taliban and stabilize Afghanistan, which holds a presidential election on Aug. 20.

Violence has flared again throughout Afghanistan since the operation began on July 2, with attacks in traditional Taliban strongholds in the south and east as well as in relatively more peaceful areas in the north and west.

The Taliban backlash has put pressure on leaders in Washington and London, who say U.S. and other NATO-led troops have pushed back Taliban insurgents but that a lot of tough fighting remains to be done during the summer.

A third soldier serving

with NATO-led forces in the south died on Friday from wounds received in June, the alliance said in a statement issued yesterday. No other details were available.

Washington is pouring in extra troops under Obama's new strategy, with numbers set to more than double to 68,000 by the end of the year.

British troops mounting their biggest operation of the campaign in Afghanistan have also suffered under the Taliban backlash, with 15 confirmed killed in a 10-day period, including five in two roadside bomb blasts on Friday. Taliban casualty figures were not immediately available. **REUTERS**

Sotomayor hearing opens Supreme Court debate

U.S. Sonia Sotomayor looks almost certain to emerge from Senate hearings this week poised to become the first Hispanic member of the U.S. Supreme Court.

But political debate over President Barack Obama's plans for the top U.S. court has only begun. Republicans are ready to resist what they fear could be a sharp leftward turn for the court under Obama's Democratic administration, reversing a steady tack to the right under former Republican President George W. Bush.

Obama, a former constitutional law professor, chose the 55-year-old So-

tomayor to replace the now-retired Justice David Souter, who had been one of four liberals on the deeply divided nine-member court. Members are appointed for life.

The president wished his nominee good luck in a phone call from the Oval Office yesterday, expressing "his confidence that Judge Sotomayor would be confirmed to serve as a justice on the Supreme Court for many years to come," the White House said. **REUTERS**



Sotomayor

Israel Settlement issue



Israeli Prime Minister Benjamin Netanyahu lays a wreath during a memorial ceremony for Theodore Herzl, the founder of modern Zionism, in Jerusalem yesterday. A Palestinian official said yesterday Palestinians reject any limited Jewish settlement construction in the occupied West Bank.

News in brief

CIA The CIA withheld information from U.S. Congress about a secret counterterrorism program on orders from former vice-president Dick Cheney, a U.S. senator said yesterday amid calls for an investigation. Democratic Senator Dianne Feinstein told Fox News Sunday that CIA Director Leon Panetta disclosed Cheney's involvement when he briefed

members of Congress two weeks ago. She said Panetta told them he had cancelled the program.

CHINA An uneasy calm returned yesterday to China's riot-hit Urumqi where 184 people died in ethnic violence a week ago, though the official tally of dead could rise, a regional official indicated. According to the official count,

137 of those killed were Han Chinese and 46 were Uighurs who share cultural bonds with Central Asian peoples. The death toll could rise further.

Xinjiang's governor yesterday raised the number of injured to 1,680, of which 74 were critically injured, from the previous figure of about 1,000.

TALKS A meeting of the prime ministers of India and

Pakistan on the fringes of the Non-Aligned Movement Summit this week could set the stage for a dialogue between the rivals that was stalled after last November's attack in Mumbai. Indian Prime Minister Manmohan Singh and his Pakistani counterpart Yusuf Raza Gilani will meet in Sharm-el-Sheikh in Egypt. **REUTERS**

Jong-Il has cancer: S. Korea TV

NORTH KOREA North Korean leader Kim Jong-il has pancreatic cancer and the illness is life-threatening, South Korean broadcaster YTN said yesterday based on information gathered by Chinese and South Korean intelligence sources.

Kim's health is one of the

most closely guarded secrets in the reclusive communist state. Kim, 67, was widely thought to have suffered a stroke last year, but there has never been official confirmation.

Kim looked gaunt during a public appearance last Wednesday. **REUTERS**

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- Olympic Plaza Pow Wow | July 22 | 11:00 am Grand Entry | 12:00 pm - 6:00 pm
- National Chief's Reception | July 23 | 5:30 pm - 8:30 pm | Hyatt Regency*
- Stephen Avenue First Nation Arts & Crafts | July 21 - 23
- First Nation Youth Symposium | Calgary Chamber of Commerce | July 23 | 9:00 am - 4:00 pm

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Comment & Views

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P: I'm a publisher. I know that. We just need you to finish about 6,000 words later.

Do you:

a) Throw a hissy fit, complain the world does not appreciate

your artistic vision and you bet no one treats

John Grisham

SunnySide

like this.

b) Report your publisher to the human rights commission, which will use it as the "Entertaining Call of the Week" in its newsletter.

c) Sit down, write 6,000 more words and feel lucky.

2. You're invited to read at an event alongside a famous, bestselling author. At the book-signing tables, her lineup snakes out the auditorium, through the parking lot, into a neighbouring township.

You, on the other hand, have time to learn a foreign language.

Do you:

a) Sit and contemplate with delight the success

of your fellow author.

b) Tell your mother she'd better get over to your table right now or you're sending her your therapy bills.

c) Join the crowd and hock the signed copy on eBay.

3. You've written a book that will save humankind. Publishers keep turning it down on the basis of it being 2,356 pages long and almost entirely incomprehensible.

Would you:

a) Self publish. The world needs to know.

b) Call the human rights commission and make its newsletter again.

c) Trim it to 360 words, add a religious scandal and a sex scene and prepare to field publishing offers.

If you answered mostly c's, you'll make millions. Mostly a's and b's, congratulations, you're a writer.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Views

Clear codes needed to protect cyclists

InTransit

Janice Paskey

metronews.ca/paskey

I just returned from California where I nearly cried with envy at bike paths equal width to car lanes. We were in West Lake Village, the 8,000-person town Wayne Gretzky calls home, and Carlsbad, north of San Diego. Both towns had wide sweeping paths as part of major thoroughfares. True, I saw no Gretzkys on the paths, but was still enamoured with the asphalt.

Upon return to Calgary, I took a renewed interest in our bike paths. Our tax contribution to bike lane devel-

opment this year is rather paltry — just \$1 million.

But by the end of the year, you should see road bike lanes through West Hillhurst and Kensington, at 50th Avenue SW, from Mount Royal College to Centennial High School, in the neighbourhood of Balmoral and around the University of Calgary. In the city centre, there will be newly defined lanes on 11th Street SW between 5th and 13th avenues. Optimist Park at 26th Avenue SW gets a new connecting bike lane leading to a pedestrian pathway over Sarcee Trail. (There's not much in the northeast, but the Parks Foundation just succeeded where the city's own staff couldn't, extracting another \$2 million of city funds toward a northeast bike path.)

These improvements come with challenges. Firstly, bike paths on city streets need 1.2 to 1.5 metres of space. Unlike those I saw in California, our roads are being retrofitted with bike lanes, so there's not a lot of room. As well, there's no bylaw against motorists crossing the solid line into a bike lane and claiming it as their own. Currently, the City of Calgary is trying to develop a bylaw that guarantees the safety of cyclists. It should.

Get ready for a wheel clash. Many motorists think they own the road. My neighbour, Paula Kane, wrote a letter to the editor, written angrily but never sent, to those complaining about aggressive cyclists: "In this fair city, I have been almost killed by at least six city vehicles (buses and

service vehicles), where they just couldn't wait to get around me.

"And ... at least once a day, someone tells me to 'get the (expletive) out of the way.' It is my right to be on the road, and it is my right to have safety. And by law, my friends, you have to pass me like any other vehicle. You can't just skim us — just as you couldn't another vehicle."

No one wants to get overly litigious. But clear codes protecting cyclists are needed. Protection in these on-road bike lanes is a first step. Let's end the skimming. Cyclists may not be perfect, but by my book, if they're commuting by bike, they've taken the high road.

Janice Paskey teaches journalism at Mount Royal College, serves on her community association board and is a proud mom to two boys; calgaryletters@metronews.ca.

UNBELIEVABLE HEADLINES



Worth mentioning

A few blue words can make you feel better

Holy #@!\$!!

Gee, I feel better already. And that's just what British scientists expect, saying they've learned cussing may be good for you.

Their study, Swearing as a Response to Pain, is published in August's NeuroReport, a journal "for rapid communication of neuroscience research." The findings by researchers at England's Keele University found volunteers withstood pain longer when they swore than when they used more dainty phrases.

So, just let loose when the pain comes.

It's something English chef Gordon Ramsay has put to use with wild abandon on his TV shows, but his pain is more often of the temporal kind, when kitchen wannabes burn the brûlée or char the Arctic char.

Real pain calls for tougher talk.

Dr. Richard Stephens, who led the research, said he got the idea for the study after watching his wife give birth to their daughter, spilling a slew of invectives as she pushed and pushed and pushed.

While stubbing your toe can invoke an unfettered stream of profane platitudes, it may also be an inherited guttural response from our hairy-backed ancestors when faced with fearsome predators.

Researchers tested how 64 students tolerated pain by having them plunge a hand into ice water while repeating swear words. They were then asked to do it again while saying non-offensive words to describe a table. They found dirty-mouthed volunteers could keep their hands submerged for about 40 seconds longer and felt the pain less.

TORSTAR NEWS SERVICE

Tell us your views by email to calgaryletters@metronews.ca or comment on metronews.ca or on Twitter @metrocalgary

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Chuck those toxic baby wipes

If you are a parent of a young child, chuck your baby wipes. They've been bleached in chlorine — a real no-no, since chlorine produces very toxic dioxins, according to Gillian Deacon's Green For Life. **TORSTAR NEWS SERVICE**

Going Green

Sprucing up your house?



Look for paints and floor finishes that are low in volatile organic compounds. They work just about as well as the more toxic varieties, according to Green Remodeling. Water-based polyurethane for floors isn't as tough as the oil-based version. But, on the other hand, it won't yellow over time. **TORSTAR NEWS SERVICE**

EDITOR: FERMIN DESOUSA, FERMIN.DESOUSA@METRONEWS.CA

The non-stick cookware debate

EarthTones

Sophia Dore & Andrew Laursen



metronews.ca/earthtones

This week we shift gears and go from considering the large global environment in which we live to the small local environment in which we also live. This small environment can be as small as your own kitchen. Just as we need to worry about what heavy industry is putting into the air we breathe, so too do we need to worry about what we

ourselves are putting into our air and our bodies.

Recently there has been much debate about the safety of using "non-stick" cookware. Now I have to admit, I love my non-stick pots. Whenever I try to cook in anything else I end up having to chip the food off the bottom of the pan with a chisel. This is less than appetizing. However am I trading safety for unperturbed food?

Non-stick coating is made from fluoropolymers. These compounds can break down into perfluorooctanoic acid (PFOA), a suspected human carcinogen. PFOA is found at low levels in the blood of most North Americans. Are we getting it from our cookware though? As I check this out on the web some

sites tell me that my pots are definitely toxic. Then I notice that many of them want to sell me new pots. Other sites tell me that my non-stick pots are perfectly safe. Then I notice that some of them make the non-stick pots or the coating. Who to believe?

Most of the impartial information I find, including the U.S. Food and Drug Administration and a leading scientific journal indicate that very little if any PFOA in our blood comes from non-stick cookware. The coating decomposes into PFOA at temperatures about 350°C (660°F). Temperatures for normal usage — frying meat 240°C (470°F), baking 230°C (450°F) — are well below these levels. In fact any

thing you have in the pot — butter, oil etc will start to smoke at 204°C (400°F) and in my experience this will set off your smoke detector. Any coating that flakes off your pan and gets eaten will pass right through you and will not harm you at all.

If you do heat a non stick pot above 350°C (660°F) and you breathe in the

fumes you can get what is called polymer fume fever which gives you flu-like symptoms. It is reversed on breathing fresh air in humans but can be fatal to birds. So don't keep your canary in the kitchen if you are prone to burning pots. The bottom line with pots is to weigh the health concerns about non-stick coatings against the health concerns of putting more fat in the pan so your food doesn't stick to a regular pan. I think for most people the fat is a greater health risk.

OK so that's where PFOA isn't. Here's where it is. Microwave popcorn bags. Most of these bags have non-stick

coatings and when you heat your popcorn they decompose, leach into the oil and stick to your popcorn. If you eat just 10 bags of microwave popcorn a year, 20 per cent of the PFOA in your blood could be from popcorn.

Finally we need to take things back to the larger environment and consider where the non-popcorn PFOA in our blood comes from. A possible source is pollution from the industries that put the coating on the pan and in the popcorn bags. So use your non-stick pots but don't buy more than you need because the more we consume the more they create.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.



Recycling for a cause

TREASURES We all know recycling is good for the environment, but have you ever thought about how recycling could help those who are less fortunate? With tougher economic times and job losses, a growing trend this year is finding a way to turn your trash into someone else's treasure.

Old electronics: That dated computer or cell-phone might be old to you, but chances are it would be new to someone else. Most electronics we toss

away still work, but are thrown away in favour of newer models. Consider donating them to organizations that help provide job training for the unemployed.

Not just your old clothes: Most of us have donated some old clothes to a local charity at some point but why stop there?



Kitchen items that aren't being used can find a new home at the local soup kitchen; unused toiletries would be ap-

preciated at a women's shelter; and gently used children's toys are a welcome addition to any church.

Don't put nickels in the blue bin: You wouldn't put a bin full of coins out for the garbage truck so why give away those cans? Aluminum cans can be traded in for money that you can use to support the charity of your choice. Kids love collecting cans around the neighbourhood and at school if it is for a cause they can get excited about. Christian Children's Fund of Canada's, an international children's organization, website (ccfcanada.ca) offers a host of donation choices that kids here can send to poor children overseas — from a soccer ball to school supplies.

NEWS CANADA

4 tips to paint your community green

1 Make your gardens wild-life friendly. Grow climbing plants like morning glory, trumpet honeysuckle, purple clematis or Virginia creeper to attract butterflies and birds, or shrubs such as juniper, cedar, or northern bayberry to attract birds.

2 Improve the habitat of endangered or threatened species in your

area. Find out which animals are at risk. Once you know, apply to the Canon Canada Nurture Nature Awards at canon.ca/donations_sponsorships for the opportunity to win \$20,000 to fund your initiative. Submissions will be accepted until Sept. 1.

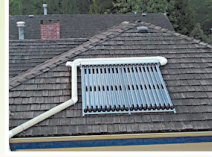
3 Buy locally. Not only does it reduce food kilometres, but it supports enterprising

community members. Leave the car at home — take transit, hop on a bike or walk.

4 Reduce, reuse and recycle all at once by hosting a community yard sale. Purge your home of things you no longer need — which might be treasures for some bargain hunters — and take any leftovers to Goodwill.

NEWS CANADA

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Union workers at Vale Inco's Sudbury, Ont., nickel mine rejected the company's final contract offer and were set to strike at midnight this morning, the United Steelworkers union said Saturday. Negotiations between Vale Inco — the nickel mining and processing division of Brazil's Companhia Vale do Rio Doce — and its union broke down last week. **REUTERS**

Business



GM, eBay eyeing program

General Motors and its dealers are aiming for a test program with eBay Inc. in California that would allow customers to bid on new vehicles or buy them at a predetermined price online, the automaker said on Friday. eBay said it has been in discussions with GM to identify ways to help dealers market vehicles but no plans had been finalized at this time. **REUTERS**

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Unemployment hit 11-year high in June, says StatsCan

STUDY Hiring across many sectors such as financial services, insurance, real estate, information, culture and recreation in June helped offset job losses in manufacturing, the most recent jobs report from Statistics Canada shows.

As a result, Canada's unemployment rate edged up 0.2 per cent to 8.6 per cent last month, to its highest level in 11 years.

"The first quarter was an absolute horror show," said Doug Porter, BMO Capital Markets deputy chief economist. "I wouldn't want to see those job losses repeated ever again."

Economists had been bracing for much worse. A surprisingly low 7,400 jobs

"The first quarter was an absolute horror show."

Doug Porter, BMO

were lost in June, compared with 42,000 in May. In total, 454,000 jobs have been lost since October.

It may also be a sign that the worst of the recession has passed, economists say.

But the good news ends there: The loss of full-time jobs — 47,500 positions in June — was filled in by part-time and self-employment, a switch that is igniting concerns among analysts that people are being forced to strike out on their own to find work.

TORSTAR NEWS SERVICE

China pursues resource buys

China's purchase of a \$1.74-billion stake in Teck Resources may be just the opening move from the world's top resource consumer to use its unique wealth to become a key source of mining capital for Canadian firms.

Teck said last week it sold a 17.2 per cent equity stake to state-owned China Investment Corp. in a deal that lets the Canadian miner pay down its debt while

Commodities

• Teck is a major producer of copper, metallurgical coal, zinc and gold, all commodities sought by China.

expanding China's portfolio of commodity investments.

The deal underscores how deep China's pockets are at a time when many

sources of credit and financing have dried up in the global recession, even for the biggest miners.

"Most people thought China would take advantage of this dip in commodity prices and, because they're the only ones with money, take advantage of this financial situation we are in. They have come through big time, be it oil and gas, or any commodity you can think of," said

David Davidson, an analyst with Paradigm Capital in Toronto.

"I think what they are looking for is distressed opportunities ... Companies who have a strong resource base that are suffering because of the lack of liquidity in the market," added Jack Azimi, managing director of Foundation Markets, a small investment firm in Toronto.

REUTERS

China Fashion fur-ward



A woman walks with a bichon frise and a poodle both coloured with various dyes on a street in Wuhan, Hubei province Saturday. Pets have become big business amid China's current pet boom, with dog owners flocking to pet beauticians for a range of treatments, local media reported.

CHINA DAILY / REUTERS

Death knell for G8 as larger group of nations assembles

L'AQUILA World leaders signalled the demise of the Group of Eight wealthy nations club on Friday, saying only a forum that included the major developing economies could decide on important global issues.

The G8 is made up of rich northern hemisphere countries, but problems such as climate change and the economic crisis have revealed its limits.

The G8, comprising the United States, Japan, Germany, Italy, France, Britain, Russia and Canada, has invited other countries to its meetings in recent years on an ad hoc basis. During its annual summit in central Italy this week it met the leaders of China, India, Brazil, Mexico, South Africa and Egypt, spontaneously forming the so-called G14.

REUTERS

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Business In brief

AUTO Toyota Motor Corp. said Friday it would consider liquidating its stake in a jointly owned auto plant with GM after the U.S. automaker pulled out of the venture in June. Toyota has been mulling options for the Fremont, Calif. auto plant since GM cut operating ties to the plant in late June. The firms had been 50-50 owners of the plant since 1984.

MEDIA Canwest Global Communications reported a bigger quarterly loss Friday as the Canadian media company, struggling to stave off bankruptcy, was hit by a big writedown and declining revenue. Wrestling with a debt load of close to \$4 billion, the company said it is in default under terms of its credit facilities and continues work on a recapitalization plan. **REUTERS**

Digital generation not lazy, just different, author argues

Grown Up Digital

Author: Don Tapscott

Publisher: McGraw-Hill

Price: \$30.95 (Hardcover)



REVIEW The modern institutions of days gone by are fast becoming lacklustre, archaic systems of bureaucracy that are ultimately failing the largest generation, the Net generation.

Prolific author Don Tapscott's newest book,

Grown Up Digital, a follow-up to his first book on the topic, Growing Up Digital, sizes up the first generation to grow up completely in the digital age. They grab new gadgets and immediately begin using it, whereas their parents will spend hours combing a manual and still be baffled.

To cynics, this generation appears unfocused, antisocial, and A.D.D. Tapscott wholly disagrees — a very refreshing perspective that now gives me a bit more peace of mind, knowing how much time I already spend Facebooking and Twittering.

CRAIG LUND/
FOR METRO CANADA

U.S. refiners save unfinished oils to aid profit margins

NEW YORK The growth of a small, often overlooked line item on the balance sheet of U.S. weekly oil inventories indicates that the market is fundamentally out of balance.

The steady rise of the amount of "unfinished oils" in the Weekly Petroleum Status Report, the Energy Information Administration snapshot of oil supply and demand in the world's largest consuming economy, means refiners are stockpiling the semi-finished oils in an effort to keep profit margins aloft. **REUTERS**

Gallant captures second leg of Canadian Triple Crown

Gallant beat filly Milwaukee Appeal in a photo finish to capture the 74th running of the Prince of Wales Stakes thoroughbred race yesterday in Fort Erie, Ont. Queen's Plate champion Eye of The Leopard finished third. The Breeders' Stakes will be run Aug. 2 at Woodbine Racetrack in Toronto. **METRO NEWS SERVICES**

11

Sports

EDITOR: CHRIS.CLEMENTS@METRONWS.CA



Webber wins first GP

Red Bull's Mark Webber, left, won his first Formula One race after overcoming a penalty to take the German Grand Prix yesterday. The Australian beat teammate Sebastian Vettel despite a drive-through penalty for bumping Brawn GP's Rubens Barrichello at the start. Felipe Massa gave Ferrari its first podium finish of the season by finishing third ahead of Nico Rosberg of Williams. **METRO NEWS SERVICES**

Sports in brief

WOMEN'S OPEN Eun Hee Ji of South Korea made a 20-foot birdie putt on the 72nd hole, finishing off an even-par 71 to win the U.S. Women's Open. Ji recovered from a double-bogey at the 10th hole and finished at even-par 284 yesterday, outlasting third-round leader Cristie Kerr.

ALL-STAR GAME Boston Red Sox second baseman Dustin Pedroia has withdrawn from tomorrow's all-star game to be with his wife who is in hospital, Major League Baseball announced yesterday. Aaron Hill of the Toronto Blue Jays will get the start at second base. **UFC** Welterweight champion Georges St. Pierre showed off his superb wrestling skills and all-round smarts in winning a unanimous and dominant decision over Thiago Alves in the co-main event of UFC 100 on Saturday. In the heavyweight bout, Brock Lesnar stopped Frank Mir at 1:58 of the second round. **METRO NEWS SERVICES**

Lance chasing teammate

Seven-time champion Lance Armstrong is looking forward to the Alpine stages after losing 21 seconds to Astana teammate Alberto Contador in the first mountain finish of the Tour de France.

"We'll have more moments there when we'll see who's truly the strongest," Armstrong told reporters yesterday.

The 37-year-old was surprised by Contador's brutal attack in the ascent to Arcalis on Friday which put the Spaniard two seconds ahead of him in the overall standing as the race leaves the Pyrenees.

"I wouldn't say that I could have easily followed because it was an impressive attack," said the American, on his comeback Tour after almost four



The peloton rides during the ninth stage of the 96th Tour de France cycling race yesterday between Saint Gaudens and Tarbes. Rinaldo Nacentini held first place yesterday, while teammates Alberto Contador and Lance Armstrong remain second and third respectively.

years in retirement.

"I probably could have gone, but I didn't see it coming, and it wouldn't be correct for me to go across."

"So I waited for the other guys — I expected them to be able to pull it back, and

they didn't, but that's life, that's cycling, and I had to do the right thing."

Italian Rinaldo Nacentini wears the yellow jersey after nine stages of the three-week race.

Contador is six seconds

behind him with Armstrong and 2007 Tour winner Contador is likely to culminate next Sunday with a summit finish in Verbier, Switzerland. **REUTERS**

Despite results, Canada needs Stephen Hart behind the scenes

It's Called Football

Ben Rycroft

metronews.ca/justsoccer



Stephen Hart should not be made the full-time head coach of Canada's Men's National team.

There, I said it. Breathe. It wasn't easy.

Since taking over the coaching duties (once again) he has led the national squad to an undefeated record. And he has done it with a young squad missing some its star power.

And he has done it in the so-called Group of Death. And he has done it for no money.

So, why the Sam Hill shouldn't be made head coach? Well, to put it simply, Hart can do better.

Right now, he's doing the job of two men — interim national team head coach and technical director of the Canadian Soccer Association. Hell, as technical director, he's doing the job of ten men.

So, if you're counting: That's the job of 11 men, by one man, making one

salary. Quite the deal. Kind of makes you wonder where that savvy negotiating was when the last coach was inked.

In Hart, you have one of the clearest, most succinct soccer minds in the country. He is one of many who share an understanding of what needs to be done to develop world-class soccer players in this country — and one of the few who are actually in a position to do something about it.

I think back to January when Hart came on the It's Called Football show. In a

wide-ranging interview, the man from Trinidad and Tobago discussed the impact youth academies are having across the country, how to link streams of amateur player development into our professional and semi-professional ranks and, more importantly, stressed the importance of raising the level of technical coaching standards in Canada.

The question now is what the CSA intends to do with Hart.

It's hard not to look back on the disastrous World Cup qualifying campaign and wonder what could have been if Hart had led the way. The players, by all accounts, love playing for

him and, quite simply, he gets results.

And with Canada looking like it may make a run deep into the Gold Cup, the calls will certainly once again come to install Hart as the full-time head coach.

That would be a mistake.

The man can't keep on doing the demanding work of both jobs — one side or the other will eventually suffer.

Getting results with the national team is the sexier approach, but developing elite level players for generations to come would be the smart one.

Watch Ben Rycroft on the It's Called Football show every Monday at metronews.ca; ben.rycroft@metronews.ca.

STAMPEDE RESULTS

BAREBACK

10TH PERFORMANCE

1. Kyle Bowers, Brooks, Alta., Street Dance, 89.5 points; 2. Will Lowe, Canyon, Texas, Majestic Rocket, 87.5; 3. Ryan Gray, Petersburg, Texas, Mad Money, 85.5; 4. Kaycee Feild, Elk Ridge, Utah, Painted Smile, 84.0; 5. Bobby Mote, Culver, Ore., Alley Ways, 84.0.

11TH PERFORMANCE

1. Will Lowe, Canyon, Texas, Alley Trail, 87.5; 2. Ryan Gray, Petersburg, Texas, Coconut Roll, 87.0; 3. Kyle Bowers, Brooks, Alta., Blue Wings, 86.0; 4. Kaycee Feild, Elk Ridge, Utah, Grated Coconut, 84.0.

BULL RIDING

10TH PERFORMANCE

1. J.B. Mauney, Mooresville, N.C., Oakie Doakie, 91.0 points; 2. Renato Nunes, Euless, Texas, Before Dark, 89.5; 3. Zack Brown, Santa Fe, Texas, Dusk Till Dawn, 87.5; 4. Devon Mezei, Wardlow, Alta., Spoonfull Of Sugar, 84.5.

11TH PERFORMANCE

1. J.B. Mauney, Mooresville, N.C., Wranglers Rock Star, 92.5; 2. Renato Nunes, Euless, Texas, Green Johnson, 88.5; 3. Bailed Out, Texas, 17.55; 4. Lisa Lockhart, Del Rio, S.D., 17.56; 5. Joleen Seitz, Savona, B.C., 17.60.

LADIES BARREL RACING

10TH PERFORMANCE

1. Molly Powell, Stephenville, Texas, 17.46 seconds; 2. Tammy Key-Fischer, Ledbetter, Texas, 17.48; 3. Savannah Reeves, Dublin, Texas, 17.55; 4. Lisa Lockhart, Del Rio, S.D., 17.56; 5. Joleen Seitz, Savona, B.C., 17.60.

11TH PERFORMANCE

1. Tammy Key-Fischer, Ledbetter, Texas, 17.26; 2. Savannah Reeves, Dublin, Texas, 17.36; 3. Molly Powell, Stephenville, Texas, 17.39; 4. Lisa Lockhart, Del Rio, S.D., 18.58.

SADDLE BRONC

10TH PERFORMANCE

1. Taos Muncy, Corona, N.M., Country Cat, 87.5 points; 2. Dustin Flundra, Pincher Creek, Alta., Fu Man Chew, 87.0; 3. Bradley Harter, Weatherford, Texas, Knife Money, 84.5; 4. Rod Hay, Wildwood, Alta., Hell's Half Acre, 84.0; 5. Chet Johnson, Gillette, Wyo., Castaway, 84.0.

11TH PERFORMANCE

1. Taos Muncy, Corona, N.M., Cool Alley, 87.5; 2. Chet Johnson, Gillette, Wyo., Lynx Mountain, 87.0; 3. Dustin Flundra, Pincher Creek, Alta., Fearless Warrior, 87.0; 4. Bradley Harter, Weatherford, Texas, Spring Planting, 85.0.

STEER WRESTLING

10TH PERFORMANCE

1. Stockton Graves, Newkirk, Okla., 3.4 seconds; 2. Trevor Knowles, Mount Vernon, Ore., 3.4; 3. Curtis Cassidy, Donald, Alta., 3.5; 4. Lee Graves, Calgary, 3.5; 5. Dean Gorsuch, Gering, Nev., 3.8.

11TH PERFORMANCE

1. Trevor Knowles, Mount Vernon, Ore., 3.5; 2. Lee Graves, Calgary, 3.7; 3. Curtis Cassidy, Donald, Alta., 13.5; 4. Stockton Graves, Newkirk, Okla., no time.

TIE-DOWN ROPING

10TH PERFORMANCE

1. Ryan Jarrett, Summerville, Ga., 6.8 seconds; 2. Cody Ohl, Hico, Texas, 7.0; 3. Matt Shiozawa, Chubbuck, Ida., 7.1; 4. Tyson Durrey, Colbert, Wash., 7.5; 5. Clint Robinson, Spanish Fork, Utah, 8.0.

11TH PERFORMANCE

1. Ryan Jarrett, Summerville, Ga., 7.0; 2. Cody Ohl, Hico, Texas, 7.9; 3. Tyson Durrey, Colbert, Wash., 8.3; 4. Matt Shiozawa, Chubbuck, Ida., no time.



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In the coming weeks Metro's Workology section will be focusing on the part of the entertainment industry that you DON'T see. Backstage Pass will focus on the careers behind the camera and the curtain. So be sure to read Workology and Metronews.ca/work every day.

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Measuring creativity

A new admissions index introduced recently by the U.S.-based Educational Testing Service is slated to assist graduate schools in determining whether an applicant possesses personal attributes such as creativity and resilience. The Personal Potential Index is an online-based system that allows applicants to identify supervisors or professors, who are then invited to evaluate students on six personality dimensions, including communication skills, teamwork, planning, and ethics. METRO NEWS SERVICES

Next radio generation

Backstage Pass

BRIAN COULTON
for Metro Canada

It prides itself on "breaking new sound", it's Canada's only station dedicated to independent Canadian music and it can be heard on two different formats — online and satellite. But Steve Pratt says CBC Radio 3 isn't really a radio station at all.

"I know that sounds odd," says Pratt, the station's Vancouver-based director and director of digital programming for all of CBC Radio. "It's more like we try to be experts and help people dis-



Steve Pratt is the director of digital programming for all of CBC Radio.

cover new Canadian music. It doesn't really matter whether it's radio, video, blogging or social networking." Instead, Pratt calls Radio

"We feel like we're up to our elbows in helping to figure out what the media experience is going to be for the next generation, which is cool."

Steve Pratt

While Pratt says he's not a poster child for a long radio career leading up to a certain point, he thinks the variety of genres and mediums he's bounced around between — including stints in entertainment journalism, local news, children's and comedy programming and at MuchMusic — has been more valuable than a lengthy radio tenure.

"The important thing is understanding how to reach audiences and tell stories that are specific to the medium that you're using."

But as mediums are changing so significantly in this digital age, what's most important to Pratt is also what he finds most challenging.

"No one has figured out what the future is going to be when a large chunk of that audience migrates away from AM/FM or conventional television, or how many of them are going to migrate over, or how they're going to make money or survive in a digital universe," he says.

"We feel like we're up to our elbows in helping to figure out what the media experience is going to be for the next generation, which is cool."

For more of the Backstage Pass exclusive series check Workology frequently or stop by: metronews.ca/work

Car Insurance Myth #4:

If I have tickets or accidents, I will always pay a lot for car insurance.

Truth:

There are some drivers with tickets or accidents that are actually paying **LESS** than drivers with clean driving records. Certain insurance companies target this type of risk and have competitive rates. The trick is finding those companies.

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Lowest Insurance Rates

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Workology in brief

CANADIAN FORCES A new program has been launched that will provide children of Canadian Forces personnel killed while serving in active duty with four-year university scholarships. Called Project Hero, the program, which was launched by former Chief of Defence Staff General Rick Hillier, will begin on Sept. 1, 2009 and cover the cost of undergraduate tuition for four academic years, as well as the cost of on-campus residence fees for the first academic year for students who have lost a parent in a military mission. Currently, Memorial University, The Universities of Calgary, Ottawa and Windsor and the University of Ottawa are participating in the program.

YOUTH JOURNEY A long-term study between 2000 and 2008 of 22,000 Canadian youth aged 18 to 20 shows the most common sequence of events to adulthood for both men and women was to leave school, find a full-time job, leave the parental home, form a relationship and have children. However, the eight-year-long study found that more men left school and began working full-time earlier than women. The study also found that 43 per cent of the participants attended college, one per cent more than those who attended university. Interestingly, participation in all types of postsecondary education was higher for women than men.

HEATHER BUCHAN/
FOR METRO CANADA

Clarification

Last week an article headlined "One company's huge impact" incorrectly stated that Deloitte would be giving their entire staff a day off to volunteer for their so-called Impact Day as they had in years prior. Deloitte will not be giving a day off and instead will be encouraging employees to volunteer their own time, while off work on Sept. 26, to volunteer. Metro regrets the error.

OddJobs

Diane Peters

Will return



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Burn the uniforms: Potter stars

Harry Potter stars Daniel Radcliffe and Emma Watson have urged the film franchise's bosses to burn their Hogwarts school uniforms when the series wraps — because they hated the outfits. FEMALEFIRST.CO.UK

13

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Romantic spell

Plenty of heartache in new Potter film

HEIDI PATALANO
Metro World News

Watch out Edward Cullen, Harry Potter is growing up.

While doing press for the release of Harry Potter and the Half-Blood Prince, Daniel Radcliffe and teen co-stars Rupert Grint and Emma Watson don't bother to dodge the myriad of questions lobbed at them about their dating lives — even the ones about magic spells and love potions.

Watson says Radcliffe doesn't need them to snag a lady, just in case you were wondering.

Given that this sixth instalment of the Potter series spends a considerable

amount of time on the burgeoning romantic relationships between the lead characters, the young actors, now all around 19 years old, found the romantic-comedy moments refreshing.

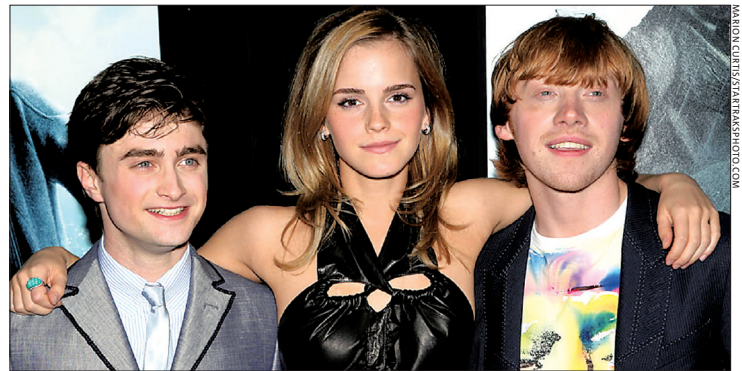
"If Hermione kept going in terms of the amount of worrying she was doing, she might've developed a hemorrhage, so it's nice that there's a bit of light relief for all of us," says Watson of her own character, who finds herself for the first time in the series, at the mercy of her

own hormones.

"This is Rupert's finest hour. He reveals himself to be a fantastic practitioner of comedy," adds Radcliffe about Grint, who in the film as Ron Weasley finds himself in his first relationship and trying out for the Quidditch team, with mixed results in both departments.

It becomes obvious throughout the interview that Radcliffe himself has a gift for inciting laughter — especially with his candid explanation of his own on-screen kiss.

Harry Potter and the Half-Blood Prince opens in theatres Wednesday



From left, Daniel Radcliffe, Emma Watson and Rupert Grint do a lot of growing up as Harry Potter, Hermione Granger and Ron Weasley in Harry Potter and the Half-Blood Prince.

"My God, my lips are like the lips of a horse," he says emphatically. "They were kind of distending away independently from the rest of my face and trying to encompass the lower half of hers, so I apologize."

If Half-Blood Prince shows the young actors to be growing up, it only seems appropriate that

David Yates, who picked up the role of director with the fifth instalment Harry Potter and the Order of the Phoenix, would continue with the series until its conclusion with Deathly Hallows — set to be released in two parts in 2010 and 2011 respectively.

"I'm trying to grow the films up and try to make

Super Ryan

It looks like Ryan Reynolds has beat out Bradley Cooper and Justin Timberlake to play the lead role in the big-screen adaptation of Green Lantern, says Variety. EMPIREONLINE.COM

Box office

Following are the top 10 films at the North American box office for the three-day weekend beginning July 10:

- Brüno**
\$30.4 million US
- Ice Age: Dawn of the Dinosaurs**
\$28.5 million
- Transformers: Revenge of the Fallen**
\$24.2 million
- Public Enemies**
\$14.1 million
- The Poposal**
\$10.5 million
- The Hangover**
\$9.9 million
- I Love You, Beth Cooper**
\$5 million
- Up**
\$4.7 million
- My Sister's Keeper**
\$4.2 million
- The Taking of Pelham**
\$1.6 million

REUTERS

Kenya'sStyle

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

CA	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/13/09	primetime	267 351 - ACCESS	Alberta Primetime (Live)	Stargate Atlantis (DVS)	Gossip Girl (HDTV)	Law & Order: Criminal Intent	Two/One Men	Big Bang Th	Primetime	
		243 317 3 CFCN	etalk	CSI: Miami (HDTV)	News	The Simpsons	King	Metropolis	News (N)	
		- - 4 OMNI	Two/One Men	The Simpsons	News	The Simpsons	King	Metropolis	News (N)	
		- 371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	The Bachelorette (N)	CBC News: The National	The Hour	Newlyweds
		245 306 6 CBRT	Coronation St.	Jeopardy! (N)	Triple Sensation (DVS)	Just for Laughs	House (HDTV PA)	Lie to Me (HDTV)	News Hour	The Hour
		244 338 7 CICT	ET Canada	Entertainment	The Unit "Gone Missing"	House (HDTV PA)	Lie to Me (HDTV)	News Hour	News Hour	Your City
		246 - 8 CKAL	Law & Order: SVU	Here Come the Newbys (N)	Chère Betty (HDTV) (SC)	Bons baisers de France (SC)	Le Téléjournal et Les Nou	Local Programming	Two/One Men	Big Bang Th
		119 705 9 CBFT	Des squelettes	La Petite vie	Chère Betty (HDTV) (SC)	Bons baisers de France (SC)	Le Téléjournal et Les Nou	Local Programming	Two/One Men	Big Bang Th
		- - 10 SHAW	News (N)	Hollywood	The Doctors	Antiques Roadshow	CBC News: The National	CBC News: The National	Law & Order: Criminal Intent	Deadline NBC
		- 372 12 KREM	News (N)	Hollywood	The Doctors	Antiques Roadshow	CBC News: The National	CBC News: The National	Law & Order: Criminal Intent	Deadline NBC
7/13/09	news	- 374 14 KSPS	NewsHour With Jim Lehrer	Ten Trillion & Counting	Jeopardy! (N)	Wheel-Fortune	Two/One Men	Two/One Men	House (HDTV PA)	Lie to Me (HDTV)
		502 390 15 CBC	CBC News: The National	Ten Trillion & Counting	Jeopardy! (N)	Wheel-Fortune	Two/One Men	Two/One Men	House (HDTV PA)	Lie to Me (HDTV)
		- 370 16 KHQ	CBC News: The National	Ten Trillion & Counting	Jeopardy! (N)	Wheel-Fortune	Two/One Men	Two/One Men	House (HDTV PA)	Lie to Me (HDTV)
		- 373 22 KAYU	The Simpsons	Raymond	Two/One Men	Two/One Men	House (HDTV PA)	Lie to Me (HDTV)	News (N)	News (N)
		297 652 37 WPIX	Gossip Girl (HDTV)	PIX News at Ten Tong	Anderson Cooper 360 (HDTV)	Nancy Grace	Showbiz Tonight	Sex and-City	According-Jim	Fraser
		500 500 29 CNN	Larry King Live (N)	Anderson Cooper 360 (HDTV)	Nancy Grace	Showbiz Tonight	Sex and-City	According-Jim	Fraser	Cooper 360
		508 500 31 CNN2	Jane Velez-Mitchell	Nancy Grace	Showbiz Tonight	Sex and-City	According-Jim	Fraser	Cooper 360	Nancy Grace
		400 402 21 TSN	(6) World Poker Tour	SportsCentre (HDTV) (Live)	Boxing					
		408 418 27 net	MLB Baseball 2009 State Farm Home Run Derby. From Busch Stadium in St. Louis.	Score Tonight						
		410 403 30 SCORE	(7:15) WWE Monday Night Raw							
7/13/09	sports	411 457 44 OLN	(6) Cycling (N)	Bounty Hunter	Cycling					
		417 406 48 SPEED	SuperCars	Barrett-Jackson	Car Crazy (N)	Pass Time	This Week in NASCAR (HDTV)	SuperCars		
		552 543 20 YTV	iCarly	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	League-Evil	Zixx Level	Falcon Beach
		557 541 39 FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	The Suite Life	Latest Buzz	Life Derek	Ned's School
		555 545 67 TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	Punch
		575 583 11 CMT	Cheer Moms	Hope & Faith	Hope & Faith	CMT's Greatest	Cheer Moms	Cheer Moms	Cheer Moms	Robot Chicken
		553 546 17 TREE	Little Bear	Bucket-Dinos	Comfy Couch	Big & Small	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-lan
		- - 18 CHTV	The Insider (N)	El News	Final 24 (N)	Engagement	Engagement	The Soup (N)	Wildest TV	News (N)
		505 398 19 TWN	(5) EarthWatch One	EarthWatch One	EarthWatch Two					
		602 568 23 W	Style by Jury	Style by Jury	Friends	How Clean	Kim	Love It or List It	Little Couple	Very Merry
7/13/09	family	521 560 24 TLC	Little Couple	Little Couple	Cake Boss (N)	Little Couple	Little Couple	Little Couple	Little Couple	Cake Boss
		603 561 25 FOOD	Food Detective	Get on Plate	At the Table	At the Table	Restaurant Makeover	Unwrapped	Unwrapped	Food Jammers
		615 520 26 A&E	Intervention	Relapse. (N)	Obsessed (HDTV) (N)	The Cleaner (HDTV)	Intervention "Trent"	Intervention		
		617 522 32 SHOW	Trailer Park	Trailer Park	The Outer Limits	Cashing In	Kink in Hair	Dr. Jeckyl & Mr. Hyde (2008, Suspense)	Trading Sp	
		601 562 33 SLICE	Nearly Dead	Nearly Dead	In Laws	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp	
		- 633 34 ENC2	(6:55) For the Moment ** (1993, Romance)	Seems Like Old Times *** (1980)				(10:45) The Goodbye Girl		
		520 505 35 DISC	Dirty Jobs	American Loggers (N)	Daily Planet	MythBusters	Without a Trace	Amer. Loggers		
		520 523 36 BRAVO	(6) La Traviata (N)	Opera Easy	Law & Order	Without a Trace		Richard III		
		294 650 40 WPCB	Trading Places ** (1983, Comedy)	Dan Aykroyd, Eddie Murphy.	Seinfeld	Trading Places ** (1983, Comedy)				
		626 547 41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas	The Simpsons	South Park	Kennedy
7/13/09	cable variety	- 539 42 TCM	Bullet-Points	White Heat *** (1949, Crime Drama)	(DVS)	The Undercover Man (1949, Crime Drama)	The Mob			
		628 584 43 SPIKE	UFC Unleashed (HDTV)	4th and Long (HDTV) (N)	Jesse James is a Dead Man	CSI: Crime Scene Invstgtn.	Amazing Video			
		622 516 45 HIST	Tank Overhaul	NCIS "Escaped"	Tank Overhaul	Last Flight to Berlin	NCIS			
		627 528 46 SPACE	Earthquake: Nature Unleashed (2004, Suspense)	The Adventure of Sherlock Holmes' Smarter Brother						
		- - 47 AMC	(6) Ferris Bueller's Day Off (1986)	Once a Thief	House Hunters	House Hunters	Ground Up	Income Prop.	My First Place	
		619 525 49 TROP	North of 60 "Refugees"	Once a Thief	House Hunters	House Hunters	Ground Up	Income Prop.	My First Place	
		600 564 50 HGTV	Marriage	My First Place	News	CTV News	News	CTV News	News	
		501 391 52 CTV	CTV News Tonight	Market Call	Headline	Market Call	Berman's Call	Money Talks	Squeeze Play	
		504 508 70 BNN	Squeeze Play	The Mix	Homicide File	Nedada	Suanager	Sharing C'try	Cowboy C'try	
		526 507 92 VIVA	The Closer	The Mix	Homicide File	Nedada	Suanager	Sharing C'try	Cowboy C'try	

critics' corner

Lie to Me
Lightman becomes obsessed with his investigation of two women who committed suicide. The team tries to recover billions of dollars for investors who were scammed by a Ponzi scheme. Kelli Williams also stars in "Depraved Heart." 10 PM on CICT KAYU



Intervention
Bret, 43, saw a promising real estate career sink under the weight of growing alcoholism as he struggled to cope with the pressures of his job. Two years ago, he checked into a rehab facility after his family held an intervention, but he later relapsed, and his wife divorced him. Now his loved ones try to pinpoint what they did wrong the first time as they try to save his life the second time around. 7 PM on A&E

House
While treating Dana Miller, a former cancer researcher who gave up her career to pursue her own personal happiness, House and his staff begin to question their own life choices. Thirteen begins to show serious reactions to her experimental treatment. Robert Sean Leonard and Lisa Edelstein also star in "The Greater Good." 9 PM on CICT KAYU



Less than a month after Kate Gosselin filed for divorce, Jon Gosselin and 22-year-old Hailey Glassman (the daughter of the doctor who performed Kate's tummy tuck) were spotted holding hands, usmagazine.com reports. **METRO NEWS SERVICES**

The story that keeps getting sadder

Celebrity Buzz

Stewart laughs off rumours

WHAT FUN Twilight star Kristen Stewart has been getting a kick out of the rumours flying around about her and co-star Robert Pattinson — including the latest that she's pregnant with his child. Stewart is currently filming *The Runaways*, a biopic about Joan Jett's famous punk band. "Joan and Kristen managed to have a laugh about the rumour," a source tells *Life & Style*. "Kristen just thought it was ridiculous." **METRO WORLD NEWS**

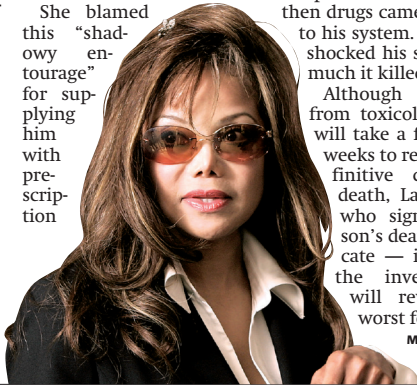


La Toya suspects murder

CRIME ALLEGED One week after Los Angeles police confirmed that investigators had not ruled out homicide in the death of Michael Jackson, the late singer's older sister, La Toya Jackson, reveals that she suspects he was murdered, usmagazine.com reports the U.K.'s *Mail On Sunday* as saying. "I believe Michael was murdered," she said. "I felt that from the start. Not just one person was involved, rather it was a conspiracy of people. He was surrounded by a bad circle. Michael was a very meek, quiet, loving person. People took advantage of that."

People fought to be close to him, people who weren't always on his side."

She blamed this "shadowy entourage" for supplying him with prescription



drugs. "They got him hooked on drugs," she said. "He was pure and clean and then drugs came back into his system. I think it shocked his system so much it killed him." Although results from toxicology tests will take a few more weeks to reveal a definitive cause of death, La Toya — who signed Jackson's death certificate — is certain the investigation will reveal her worst fears. **METRO NEWS SERVICE**

Rowe on the frontlines

COURT BATTLE Debbie Rowe, the ex-wife and biological mother to two of Michael Jackson's three children, has kept a low profile since the singer's death on June 25. But now that a hearing has been scheduled at Los Angeles Superior Court on July 20 for temporary guardianship of the children, Rowe plans to be seen, people.com reports. "(Debbie) says that she will definitely be at

the custody hearing," says Marc Schaffel, a former business partner of Jackson's and a close friend of Rowe's.

Rowe's children — Prince Michael, 12, and Paris, 11 — have been staying with their grandmother Katherine Jackson at her Encino, Calif., home since the singer's death. Blanket (Prince Michael II), 7, Jackson's youngest child, was born from an unidentified surrogate. **METRO WORLD NEWS**



The mysterious Melrose script

IT'S A SUPER SUPER SECRET Melrose Place star Ashlee Simpson-Wentz has no idea what sort of scandal will unfold on the upcoming TV series — because the show's producers re-

fuse to let her read future scripts, femalefirst.co.uk reports. She tells MTV.com, "We don't get to read the scripts until we're actually about to shoot it." **METRO WORLD NEWS**

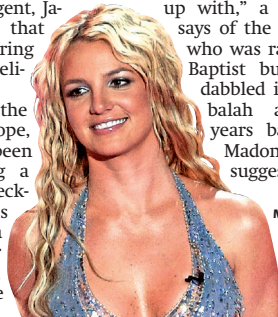


Brit to switch faiths for new boyfriend?

ALL FOR LOVE Britney Spears is reportedly so head-over-heels in love with her new boyfriend and agent, Jason Trawick, that she's considering changing her religion.

While hitting the road in Europe, Spears has been spotted wearing a Star of David necklace, and she's even recruited a rabbi to help her study the faith, sources tell the

Sun. "Britney wants to try the religion Jason was brought up with," a source says of the singer, who was raised a Baptist but also dabbled in Kabbalah a few years back at Madonna's suggestion. **METRO WORLD NEWS**



Show Seacrest the money

WHAT RECESSON? Ryan Seacrest is reportedly finalizing a deal that would make him one of the highest-paid reality TV hosts, tvguide.com reports. Seacrest now pulls just shy of \$5 million US a year but would receive a "major pay raise." **METRO NEWS SERVICES**



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Today
A few showers.
21°C / 11°C



Tuesday
Morning clouds.
16°C / 10°C



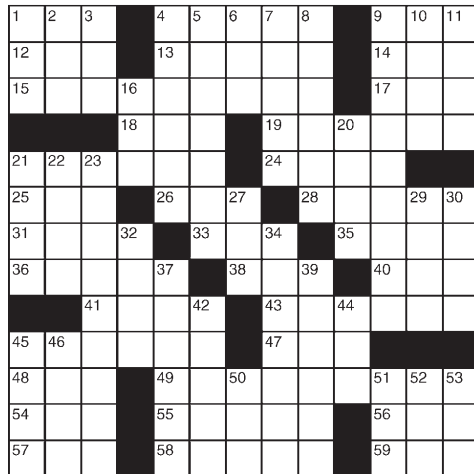
Wednesday
Mostly sunny.
21°C / 8°C



Andrew Schultz, Weather Specialist - Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



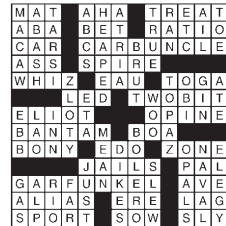
Crossword across

- 1 Ocean motion
- 4 Fulton's power source
- 9 Winter ailment
- 12 Writer Buscaglia
- 13 Cognizant
- 14 Fleur-de- —
- 15 They get jacked up
- 17 Exist
- 18 Umpire's call
- 19 Heart lines?
- 21 Vacationers' site
- 24 Fit of peevishness
- 25 Biblical verb ending
- 26 Unfamiliar
- 28 Hits with the open hand
- 31 Ella's specialty
- 33 Shad product
- 35 Member of the brass (Abbr.)
- 36 Pitch
- 38 Tolkien creature
- 40 Greek vowel
- 41 Lima's country
- 43 Very funny joke (Sl.)
- 45 Scandinavian nation
- 47 Gorilla
- 48 Myrna of movies
- 49 Mountain road feature
- 54 Rd.
- 55 Mark above an ð
- 56 Doctor's charge
- 57 "Certainly"
- 58 Watched surreptitiously
- 59 — for (choose)

Crossword down

- 1 Sprite
- 2 — canto
- 3 Squeezing snake
- 4 Ringed planet
- 5 Chirp
- 6 Listener
- 7 Geometry answers
- 8 Quarks + antiquarks
- 9 Levies based on a single percentage
- 10 Old Italian money
- 11 Works with
- 16 Additionally
- 20 Anger
- 21 Take 10
- 22 Engrave
- 23 Having keen sight
- 27 Travail
- 29 Townshend of The Who
- 30 Cicatrix
- 32 Pigeon- —
- 34 Duel challenge
- 37 Takes with force
- 39 Drew from
- 42 Square
- 44 Prepared
- 45 Dispatch
- 46 Made on a loom
- 50 Foreman foe
- 51 E.T.'s craft
- 52 Agent, for short
- 53 Trawler gear

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



3	6	2	4	8	5	9	7	1
1	4	7	9	2	6	8	5	3
9	8	5	1	7	3	4	6	2
5	2	3	7	6	9	1	4	8
6	1	4	5	3	8	2	9	7
7	9	8	2	4	1	6	3	5
8	3	1	6	9	7	5	2	4
2	7	9	8	5	4	3	1	6
4	5	6	3	1	2	7	8	9

Find today's answers + play more games at metronews.ca

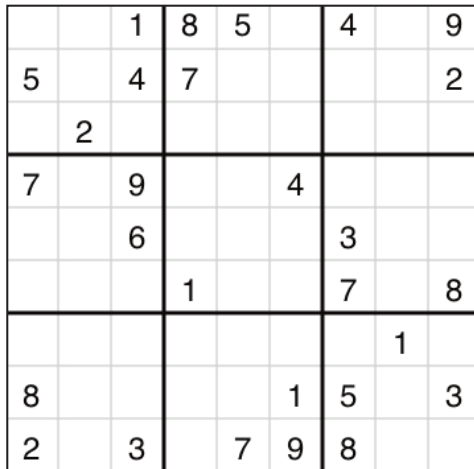
SUDOKU SOLVE TIME:

Under 13 minGenius	17-21 minSmart
13-17 minScholar	21-25 minNot bad
		25+ minKeep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Bean and Mushroom Burgers

INGREDIENTS:

- 1 can (19 oz / 540 ml) red kidney beans
- 2 medium red onions
- 4 tbsp (60 ml) olive oil
- 2 tbsp (25 ml) red wine vinegar
- 2 tbsp (25 ml) light brown sugar
- 1/2 lb (250 g) cup mushrooms
- 1 clove garlic
- 1 tbsp (15 ml) garam masala
- 2 tbsp (25 ml) whole-wheat flour
- Small bunch of fresh mint
- Salt and black pepper
- 4 pita breads

METHOD:

1. Rinse beans well; spread on dish towel to drain.
2. For red onion relish, heat 1 tbsp (15 ml) olive oil in pot. Peel onions; slice one onion thinly and add to pot with vinegar and sugar. Bring to boil, stirring, then reduce heat and leave to simmer, uncovered, 15-20 minutes, or until onion is softened and slightly sticky, stirring from time to time. Remove pot from heat and keep warm.
3. Meanwhile, quarter remaining onion and put in food processor. Clean mushrooms, add to onion and process until finely chopped.
4. Heat another tablespoon

of olive oil in frying pan, add onion and mushroom mixture, and cook over fairly high heat, stirring occasionally, for 5-8 minutes, or until golden and dry.

5. Peel garlic, crush into mushroom mixture, stir in garam masala and flour and cook 1 minute. Rinse, dry and chop enough mint to give 2 tsp (25 ml). Remove pot from heat, add mint and season with salt and pepper.
6. Put beans onto deep plate and mash firmly with potato masher, then stir in cooled mushroom mixture.
7. Divide mixture into four; with lightly floured hands, shape portions into burgers.
8. Heat remaining oil in large frying pan, add burgers and cook over fairly high heat 6-8 minutes, turning once, until well browned. Warm pita breads.
9. Arrange burgers on warm plates and spoon onion relish over top. Serve with warm pitas and green salad.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES MARCH 21-APRIL 20



If your conscience tells you that what you are being asked to do by someone in a position of power is wrong you must say, "No."

LIBRA SEPT 23-OCT 23



You'll need some time to yourself today to get your head around changes in your life. If you don't feel up to a meeting of some kind, reschedule it.

TAURUS APRIL 21-MAY 21



Don't let anyone talk you into accepting less than you're entitled to today — either on the work front or in your private life — no matter their excuses.

SCORPIO OCT 24-NOV 22



Today you'll test the theory that the best way to break an obsession is to indulge it so much you get sick of it. One thing's for sure; you'll have fun.

GEMINI MAY 22-JUNE 21



You won't lack for energy or ambition now that go-getting Mars is transiting your sign, but watch out you don't push yourself too hard.

SAGITTARIUS NOV 23-DEC 21



A relationship has reached the point where you must either commit to it one hundred per cent or forget about it and move on to other things.

CANCER JUNE 22-JULY 22



The time has come to face up to a fear that has been tormenting you for as long as you can remember. The danger only exists in your mind.

CAPRICORN DEC 22-JAN 20



Let other people take care of details today. Keep your eye on the bigger picture and ensure the project you're working on with others stays on course.

LEO JULY 23-AUG 23



You will have zero tolerance today for anyone who tries to confuse or mislead you. You demand the truth of your friends and colleagues.

AQUARIUS JAN 21-FEB 18



Mars in your fellow Air sign of Gemini endows you with limitless self-belief. It also gives you the physical energy you will need to tackle a task.

VIRGO AUG 24-SEPT 22



With Mars, planet of ambition, transiting the career area of your chart you can sense this is the time to make an impression at work. Make it a big one.

PISCES FEB 19-MARCH 20



A highly personal situation needs to be dealt with and there may be tears before bedtime. Don't hold back if you've got something to say.

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